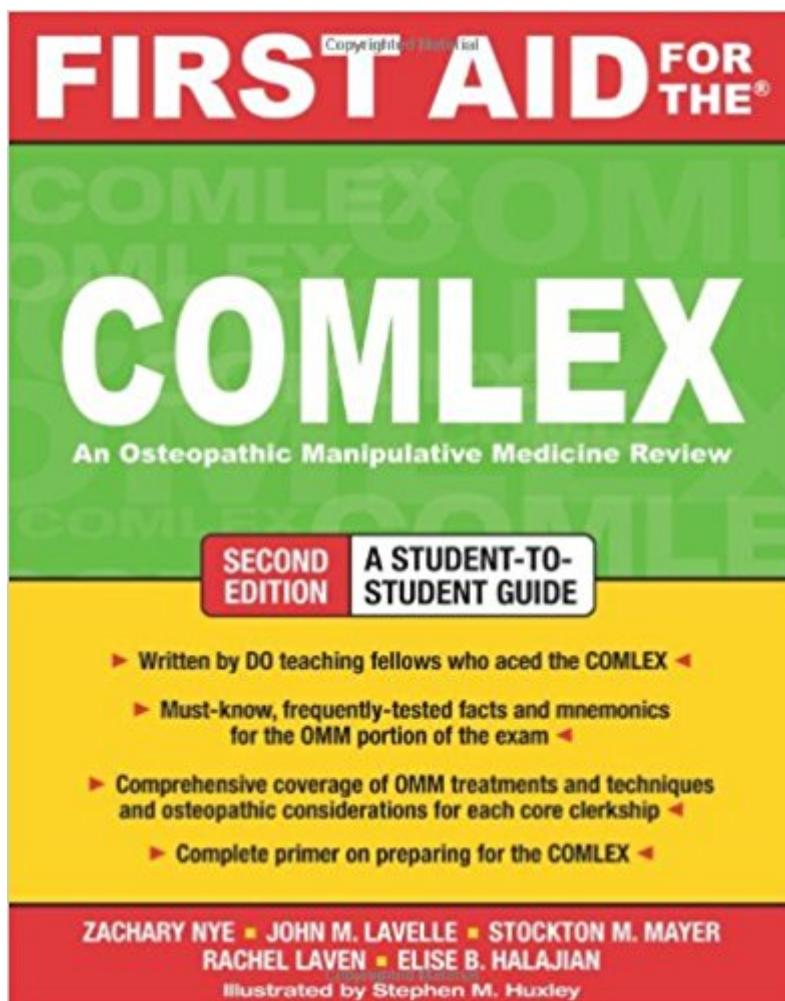


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First Aid For The COMPLEX, Second Edition (First Aid Series)



Synopsis

Zero-in on exactly what you must know to pass the OMM section of the COMLEX with this unique student-to-student guide "As a test preparation book, this is a distillation of the OMM concepts and techniques that are considered pertinent to the examination. This is a very worthy idea primarily because of the limited number of comprehensive textbooks in OMM....This is an important book for schools of osteopathic medicine. 3 Stars."--Doody's Review Service Written by an exceptional team of former teaching fellows at the Chicago College of Osteopathic Medicine, First Aid for the® COMLEX presents high-yield bulleted information on OMM techniques with corresponding mnemonics, illustrations, and tables to reinforce must-know information. This is the only review book to include frequently-tested cases for the new COMLEX and is the perfect companion to First Aid for the® USMLE Step 1, insuring the most complete exam preparation possible. Features: Completely revised based on the latest student feedback so you know you're studying the most up-to-date and relevant material possible High-yield bulleted coverage of the latest OMM techniques and treatments and osteopathic considerations for each core clerkship Corresponding illustrations, mnemonics, and tables to reinforce must-know concepts and bring manipulations to life Frequently-tested cases prepare you for the new COMLEX Comprehensive guide to effective exam preparation includes valuable test-taking strategies Questions and answers at the end of most chapters prepare you for exam day

Book Information

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Customer Reviews

It's about time First Aid made something for the COMLEX. While it is not all inclusive, it helped. I used 3 sources and did pretty well on the COMLEX:First Aid COMLEXSavarese (THE green book)Went through the COMQUEST Med questions twiceEach of these three contributed in their own unique way to a successful score. I scored a 679 so I'm pretty happy with this combination and will probably use the same exact method to study for COMLEX Level III.

Everything made so much more sense after reading this book. It just has a way of giving you the most basic concepts that really seemed to work for me. It's a good "pre-Savarese" review book, which is fine with me b/c Savarese at times is overwhelming. LOVE the practice questions - too bad there's not more of them. Also nice having the clinically oriented sections and questions - they didn't forget about those of us who have systems-based curricula.

I wish I would have selected a different book for the COMLEX. It is very vague. It is lacking in techniques. It is not well organized either and hard to navigate. I love the first aid for the USMLE so I was very disappointed with this book.

This book is sloppily written. The section on physical tests has several errors. The section on tender points and Chapman's points does not detail specific points, but suggests students merely learn regions. COMLEX tests on specific points! The most important review information is thus missing from this book. There is no effort to include the medical law material COMLEX so often tests. The review of OMT techniques is adequate, but not stellar.

I purchased this book a while ago thinking that it would be a book that would be have all the study material I would need for COMLEX. It only has OPP which made me a bit unhappy. However, I wish that I had used this book earlier to study for boards. It does a pretty good job going over the general OMM stuff. It has practice questions to test your understanding throughout the book. It does a good job with cranial pelvis etc. It has a couple chapters at the end with techniques. Obviously, this does not have all the techniques you will need to know for boards. So you will need to look at something else for that . Pretty good book though.

Some valuable material and new ways of looking at things but I cannot get over the errors. The most concerning errors are in the review questions. I understand the OMT can be complicated

because of the differences between schools but some of the errors are just wrong.

All the OMM you need to know for the COMPLEX in one book. I bought this in addition to the USMLE prep book

This book is only OMM. I thought it would be like First Aid for USMLE just tailored to complex-style questions, but unfortunately it wasn't. It does explain some things differently than Savarese, there are more charts and less paragraph format, which is nice for comparing different types of cranial dysfunctions. I would say unless you only study with graph-format, skip this and stick with Savarese.

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